



## Most Needed Items

### General Grocery

- No sugar-added canned fruit
- Ready-to-Eat soups
- Dried fruit
- Spaghetti sauce
- Whole Wheat Pastas
- Instant and Whole Oatmeal
- Healthy Low-Sugar Cereals
- Whole Grain Cereals
- Granola bars
- Rice, Couscous & Grains
- Corn Muffin Mix
- Canned Tomatoes
- Canned Yams

### Personal Care Items

- Toilet paper
- Toothpaste
- Shampoo
- Household cleaners
- Kleenex
- Deodorant
- Body Wash



**VIRTUAL FOOD DRIVE**  
You click. Families eat.

**Loaves & Fishes**  
Community Services

**SORRY** WE CANNOT ACCEPT

Candy • Soda • Energy Drinks

**loaves-fishes.org**  
volunteer • donate • support

